

## Registration

The registration fee is \$30 and includes buffet lunch. Please make check payable to SPEA. Each registrant must complete a registration form and select an afternoon "Meaning Making Group". Complete this form and mail with a check or credit card information by April 21, 2009 to SPEA, 29425 Chagrin Blvd, Ste 306, Cleveland, OH 44122.

Name (please print) \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone (      ) \_\_\_\_\_  
Email \_\_\_\_\_  
Person I've Lost To Suicide \_\_\_\_\_  
Relationship \_\_\_\_\_  
Date of Loss \_\_\_\_\_  
Total Amount Enclosed \_\_\_\_\_

- I am unable to attend the Conference but I have enclosed my donation in the amount of \$ \_\_\_\_\_ to support SPEA's lifesaving mission.
- Registration check is enclosed, made payable to SPEA.
- Please bill my credit card.     MC     VISA  
Account #    /    /    /    Exp.    /    /  
Name (as it appears on credit card) \_\_\_\_\_  
Billing address, if different from above  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

### Tracks 1 & 2 (please select one):

1. For newly bereaved or those who have never attended a support group.
2. For those who have been struggling with "Why?" for a longer period of time, feel more reconciled in their grieving, or are working on discovering new meaning in life. Each group will explore how to make meaning from loss via one of the artistic forms listed below.  
Meaning Making Groups (please select one):  
 Storytelling                       Poetry and Writing  
 Creative Expression

Continuing Professional Education hours (CPE) have been applied for and are pending.

Non-Profit Organization  
U.S. Postage  
**PAID**  
Cleveland, OH  
Permit #362



29425 Chagrin Blvd Ste 306  
Cleveland, OH 44122

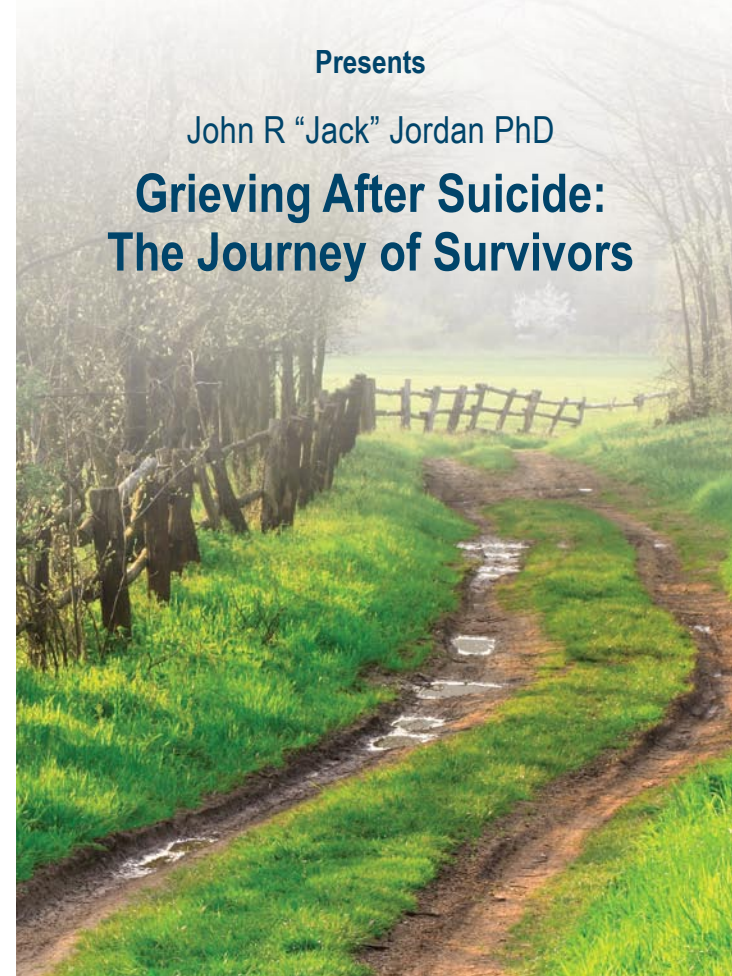
# 2009 Survivor Conference



Presents

John R "Jack" Jordan PhD

## Grieving After Suicide: The Journey of Survivors



Saturday, April 25, 2009  
8:30 AM – 3:00 PM  
at Hilton Cleveland East  
Beachwood

## Program

8:30 - 9:00 AM	Registration, Coffee & Donuts
9:00 - 9:15 AM	Welcome and Introductions
9:15 - 11:00 AM	Grieving After Suicide: The Journey of Survivors <i>Keynote presentation by John R "Jack" Jordan, PhD</i>
11:00 - 12:15 PM	Survivor "Networking" Buffet Lunch
12:15 - 1:30 PM	Survivor Panel Discussion
1:30 - 2:30 PM	Making Meaning from Your Loss
2:30 - 3:00 PM	Closing Ceremony

## Conference Goals

- ▶ To provide support to Survivors of Suicide.
- ▶ To help Survivors remember those they have lost.
- ▶ To assure Survivors that they are not alone in their grief.
- ▶ To underscore that the grief of suicide is unique.
- ▶ To discover how common reactions can affect Survivors
  - Shock - The Search for the "Why"
  - Blame - Guilt
  - Anger - Anxiety

## Directions to Hilton Cleveland East/Beachwood

### Hilton Cleveland East/Beachwood

3663 Park East Dr, Beachwood, OH 44122  
216.464.5950

### FROM I-90 AND POINTS NORTH:

Take I-271 (local lanes) South to Chagrin Blvd. Turn right and follow to first street which is Park East Drive and turn left.

### FROM POINTS EAST:

Take I-480 West to I-271 (local lanes) North to Chagrin Blvd. Turn Left and follow to first street which is Park East Drive and turn Left.

### FROM POINTS WEST:

Follow I-480 East to I-271 (local lanes) North to Chagrin Blvd. Turn left and follow to first street which is Park East Drive and turn left.

### FROM POINTS SOUTH:

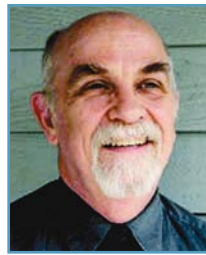
Take I-71 North to I-271 (local lanes) North to Chagrin Blvd. Turn left and follow to first street which is Park East Drive and turn Left.

### FROM AKRON AREA:

Take I-77 North which will become OH-8. Merge onto I-271 North to Chagrin Blvd. Turn left and follow to first street which is Park East Drive and turn left.

## Our Speaker

### John R Jordan, PhD



Jack Jordan is a licensed psychologist in private practice in Wellesley, MA, and Pawtucket, RI, where he specializes in working with loss and bereavement. He is also the founder and until 2007 the Director of the Family Loss Project, a research and clinical practice providing services for bereaved families. He has specialized in work with survivors of suicide and other

losses for more than 30 years. As a Fellow in Thanatology (Association for Death Education and Counseling), Jack maintains an active practice in grief counseling for individuals and couples. He has run support groups for bereaved parents, young widows & widowers, and suicide survivors, with the latter running for over 10 years.

Jack is the Clinical Consultant for Survivor Services of the Samaritans in Boston, where he is helping to develop innovative outreach and support programs for suicide survivors. Jack is also the Professional Advisor to the Survivor Council of the American Foundation for Suicide Prevention (AFSP), and a former Board member of AFSP (New England Affiliate) and the Association for Death Education and Counseling (ADEC). In 2006 Jack was invited to become a member of the International Workgroup on Death, Dying, and Bereavement, and was the recipient of the ADEC 2006 Research Recognition Award. Jack also received funding in 2004 from AFSP to begin a research project on the types of support and services needed by suicide survivors.

He has published in professional journals such as Omega, Death Studies, Suicide and Life-Threatening Behavior, Crisis, and Family Process. Jack is the co-author of *After Suicide Loss: Coping with Your Grief*, a book on suicide bereavement for surviving friends and family. He is currently co-editing with John McIntosh a new professional book on suicide survivors.

## Grieving After Suicide: The Journey of Survivors

The loss of a loved one to suicide can be devastating and often very different from other types of losses. There are many aspects of grief after suicide that may make the mourning process very difficult, including the feelings of shock, guilt, rejection, and social stigma that may follow. This talk will address some of the ways that mourning after suicide may be different for individuals and families. It will also discuss things that suicide survivors (those who are grieving a loss to suicide) can do to help themselves recover, resources that are available, and realistic expectations for what the healing journey might look like for survivors.

## Finding Resiliency Through the Journeys of Other Survivors

### Survivor Panel Discussion

Each survivor of suicide loss must find his or her own healing pathway through the intense grief that may follow. Yet there are many things that survivors can learn by listening to the experiences of others who are recovering from the same traumatic loss. This panel discussion will include people who have lost a loved one to suicide. They will talk about their experiences, their methods of coping, and their suggestions for new survivors. They will also address the longer term changes that have emerged as they have worked to come to terms with the suicide of their loved one and to rebuild their lives in the aftermath. Time for questions from the audience will also be included.

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Alcohol and Drug Addiction Services Board of Cuyahoga County

Suicide Prevention Education Alliance (SPEA)  
29425 Chagrin Blvd Ste 306  
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[www.helppreventsuicide.org](http://www.helppreventsuicide.org)